CONSTRUCTION COMING SOON

Your support makes it possible for construction to start on the beloved Just for Kids Clinic this summer.

See Page 2

CUTTING WAIT TIMES

Read how your support is bringing a new operating table to St. Joe's to cut wait times for urology patients.

See Page 2

FEELS LIKE HOME

Learn how your support helps patients in hospital feel like they are at home.

See Page 3

FIND YOUR NAME

Can you find your name? Look at all of the names of our friends and neighbours who have made such a difference this past year.

See Page 4 – 7

NEW TOOLS MEAN FASTER, BETTER CARE

See examples of the latest equipment you helped bring to St. Joe's to ensure our patients get the best care.

See Page 8



Donor Report 2014



THANK YOU!



THANK YOU!

Your community is more than a place where you live. It's where you watch your children or grandchildren grow up, where you enjoy good times with friends and family – perhaps shopping down Bloor Street West, enjoying dinner on Roncesvalles, relaxing at High Park or by the lake. It's also where you rely on care when you need it, just minutes away.

St. Joe's is part of your west-end Toronto neighbourhood. It's where you and your neighbours can turn when you need great care close to home. And thanks to you – our family of donors – St. Joe's is here for you and your family. Thank you!

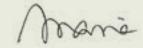
Because of you, your kids will soon be cared for in the best place to care for children in our community. If you need surgery – whether it's orthopaedic, or because of a urological or lung condition – there's new equipment here that we didn't have last year. And, thanks to your support, the care here feels more like home because of renovations to make our spaces more welcoming and comfortable.

Take pride in what you read throughout this issue. It's your investment in St. Joe's that makes sure great care for your family, friends and neighbours is here in our community for generations to come.



Marilynne Day-Linton

Chair, Board of Directors St. Joseph's Health Centre Foundation



Maria Dyck

President and CEO
St. Joseph's Health Centre
Foundation

JUST FOR KIDS CLINIC – CONSTRUCTION TO START THIS SUMMER

28,000

The number of children who came to St. Joe's for emergency or urgent care ast year (the highest among community hospitals).



Architects' rendering of the Just for Kids Clinic

This summer, expect to see the start of a transformation on the children's floor. Diamond Schmitt Architects have been announced as the architects to redesign the Just for Kids Clinic, expanding it from two examination rooms into four. This reconfiguration will allow paediatricians like Dr. Dilip Mehta to see more kids (last year the beloved clinic had more than 11,000 visits). Donors like you raised over \$780,000 towards our \$1 million goal to make this renovation possible, and to make the entire children's floor truly special for kids.

If you'd like to help build the best place to care for kids in our community, visit foundation.stjoe.on.ca or call Julie Cookson directly at 416-530-6390. You can help us reach \$1 million!



Dr. Dilip Mehta sees Lauren, 10, in the Just for Kids Clinic.



NEW FLUOROSCOPY TABLE WILL CUT WAIT TIMES IN HALF

Thanks to the outpouring of support from donors like you, more than \$330,000 has been raised to bring a new fluoroscopy table to St. Joe's. This highly-specialized table will help our Urology team cut wait times in half for patients with painful kidney stones, bladder cancer, prostate and other urological conditions.

"St. Joe's is my hospital. I've been coming to see Dr. Umesh Jain in the Urology Unit for more than 15 years. The first time I was desperate because I had kidney stones. It was so painful. He took care of me in such a reassuring way. When it happened again, I knew exactly where to go and who to turn to. This is why I made a gift to bring the fluoroscopy table to St. Joe's." – Jose Lima

Dr. Umesh Jain says he and the team see more than 5,000 men and women each year. This table, which has built-in diagnostic capabilities like X-rays and high-resolution imaging, allows the team to perform minimally-invasive procedures and watch what they are doing in real-time through image-guided surgery. "Having this new table will allow us to speed up the care we provide significantly," says Dr. Jain. "We are grateful to so many of our patients and donors who saw the need for this table and gave generously."

Special thanks to our lead supporters – the Herak Family, Jose Lima and the Rebello Family, as well as everyone who made a donation. Every dollar raised towards the fluoroscopy table was matched by the Health Centre – thank you!

NEW TOOL HELPS DIAGNOSE LUNG CANCER – WITHOUT SURGERY



200

The number of lobectomies

- removing the entire lobe of
the lung that has cancer – our
thoracic surgeons perform
each year, among the highest
volume in the city. St. Joe's
is a Centre of Excellence in

Thoracic surgeon Dr. Maurice Blitz shows Stephen Caudwell, President of Wasteco and generous supporter of St. Joe's, the new EBUS. Thanks to Stephen and other generous donors, this innovative equipment is now in use.

Our thoracic team is now using an Endo-Bronchial Ultrasound (EBUS) to diagnose lung cancer and other conditions without the need for surgery. The EBUS arrived in the fall, thanks to the generous support of more than 70 donors who together gave \$265,000.

Abnormal tissues often lie deep within the body, which makes an accurate diagnosis difficult. This is why patients often face open needle biopsy or surgery to find out if a tumour is cancerous – delaying lifesaving treatment by days or weeks. Now with the EBUS, our doctors and surgeons can get an accurate diagnosis in a minimally-invasive way.

"It really has been an eye-opening experience to me to see how incredibly generous our donors, patients and their families have been," says Dr. Christopher Compeau, Chief of Surgery. "We are using the EBUS four to five times each week, so it is really making a difference for our patients."

YOUR SUPPORT PROVIDES NEW TOOLS FOR ORTHOPAEDIC SURGERY

Thanks to you, orthopaedic surgeons like Dr. Amr Elmaraghy are using new tools and instruments in the operating room.

Dr. Elmaraghy specializes in upper extremity surgeries, including the elbow and shoulder.

"As with any technical profession, without the proper tools and instruments in hand, we can't do our jobs – which is foremost to help patients return to their normal pain-free lives after an injury," he says. "We really appreciate all of the support from our donors whose support helps puts the latest tools right in our hands."

Dr. Elmaraghy is known for his innovative techniques when performing surgery. His latest invention is a new way to position patients like George Danylkiw who before surgery couldn't move his arm above his head. "I was scared, but I knew Dr. Elmaraghy had a new way of positioning while doing shoulder surgery, so I went through with it."

Dr. Elmaraghy positioned George using a novel "beach chair traction" positioning technique to make it easier to safely and effectively access and repair his shoulder. "Minimally invasive shoulder surgeons always face the challenge of having to work in tight spaces," he says. "Using the combination of a highly-specialized chair that is designed to be slanted like a beach chair, a shoulder positioner and an axillary roll allows us to provide both traction and leverage to consistently open up spaces in and around the shoulder. Having a better line of sight and room to manipulate the tools allows us to perform the surgery safely and ensure the best outcome."

Today, thanks to Dr. Elmaraghy and his minimally invasive upper extremity surgical techniques, George says he is pain free. This innovative chair and shoulder positioner costs about \$30,000 in total. Equipment like this is essential for patient care. For example, another

Dr. Amr Elmaraghy was one of four physicians from St. Joe's who presented at InnovationEx, where six Ontario community hospitals shared their leading innovations in patient care.

chair and positioner in Orthopaedics can cut down on wait times for patients who have an upper extremity condition. If you'd like to know more about our equipment needs, please call Julie Cookson at 416-530-6390.

YOUR SUPPORT HELPS PATIENTS FEEL AT HOME



NEW TVs FOR DIALYSIS PATIENTS

Patients who need dialysis can spend four hours a day, three times a week, at either the St. Joe's Renal Centre on Islington Avenue or the Dialysis Unit at St. Joe's. For Salah Bachir, it has meant spending time "watching a clunky TV that is more than a decade old and sometimes works, sometimes doesn't."

But now, thanks to the generosity of Salah and other donors, both Dialysis Units and the Oncology Clinic will soon have new TVs. In addition, the Renal Centre on Islington has a new floor scale, which is used daily to weigh every patient who comes for treatment.

"When I first met Salah, I was inspired immediately by his generous spirit and his passion to make our patients' experience here better," says Maria Dyck, Foundation President and CEO. "He is a shining example of what one person can do – and thanks to him, so many of our patients will benefit."

Photo: Salah Bachir with the Dialysis team at the St. Joe's Renal Centre on Islington Avenue.



HEALTHY SNACKS FOR NEW PARENTS

2013 was the second year that new moms have had fresh food after-hours in our Family Birthing Centre. When Grayson was born at St. Joe's, Juliana Sprott was inspired to give back through The Sprott Foundation to support other families. She made a generous donation to fund a program that ensures there is fresh food – sandwiches, fresh fruit and yogurt – after-hours for moms and birth partners. This has been wonderful for new parents so they can have a healthy snack (often in the middle of the night) when the cafeteria is closed.

In the April issue of *Toronto Life* magazine, St. Joe's Family Birthing Centre was highlighted as the "closest thing to having a baby at an all-inclusive resort," noting our yoga classes, dad-only workshops, hydrotherapy tub and free, freshly-made healthy spacks



NEW ARTWORK BRIGHTENS PATIENT SPACES

Thanks to a generous donation from award-winning actress and artist Marilyn Lightstone, St. Joe's will soon feel more like home. She has donated her art collection to help make patient lounges and waiting areas look and feel more comfortable. "St. Joe's is my hospital. When I came here for eye surgery, I noticed that the surroundings didn't match the compassion and excellence of the doctors and staff," she says. "I wanted to help in any way I could to make these spaces feel more like home for patients and their families."



THANK YOU TO OUR MORE THAN 310 VOLUNTEERS who donated more than 2,400 hours last year to help St. Joseph's Health Centre Foundation raise critical funds to help take care of our friends and neighbours. Our volunteers worked in our office, helped at community events, promoted our activities and so much more.

If you'd like to learn how you can help as a volunteer, please call us at 416-530-6704.

Here are just some of our volunteers from last year: Julie Zucchi, Melissa Belbeck, Stephanie Rendulic, Ranjan Khatri and Phoebe Rockman.

THANK YOU!

Carecor Health Services Inc.

The Honourable Thomas J. Carey

The following people have made a cumulative contribution of \$500 or more between January 1, 2013 and December 31, 2013. Your support helps us purchase new equipment, renovate facilities and train tomorrow's generation of healthcare professionals.

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"I spent three days in critical care after my blood pressure spiked during a minor surgery. So when I found out I had endometrial cancer and needed a hysterectomy, I didn't think I could go through with it. But Dr. Artin Ternamian and Dr. Ali Abbass were with me every step of the way. I am so grateful to have such experts with big hearts."

– Susan Tafler

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Thank you for your support this past year. While we take time to celebrate everything you helped make possible, we know that there will always be facilities to upgrade and urgent requests for new equipment.

Be sure to visit foundation.stjoe.on.ca to learn more about new and exciting projects that will ensure great care is close to home for you and your family.

ST. JOSEPH'S SOCIETY

When you leave a legacy gift, you will become part of our St. Joseph's Society – a group of special people who all want to ensure great care is close to home for generations to come. Thank you to the following members of our St. Joseph's Society.

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For more information on legacy gift opportunities, such as bequests or life insurance, please contact Julie Cookson at 416-530-6390.

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We received donations to remember or honour the following special people from January 1, 2013 to December 31, 2013. Call us at 416-530-6704 or visit foundation.stjoe.on.ca to make a meaningful gift in memory or to say thank you to someone special to you.

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MY ST. JOE'S CIRCLE

Every member of our St. Joe's team listed here – whether a doctor, nurse, other allied health professional, staff, volunteer or student – was recognized for their expertise, compassion and for going the extra mile. These people made such a difference in someone's life that a gift was made in their honour in 2013. You can show your thanks to someone at St. Joe's too. Call us at 416-530-6704 or visit foundation.stjoe.on.ca today!

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Michael Lang Abigail Langer Olivia Larabee Kim Lasachuk Dr. Albert Lau Dr. Eddy Lay Renata Lecznar Kelley Lee Dr. Dominic Lehnert Jennifer Lembke Sandra Lenarduzzi Edelgard Lenzo David Leung Dr. Ronald Levine Jackie Lewis Mann-Mann Li Kuo Dr. Emmanuel Lilker Joyce Lim Dr. Navika Limaye Dr. Rania Lingas Ester Lipnicki Michael Lippa Wendy Liu David Lloyd Dr. Dorothy Lo Marnie Loeb Dr. Giridhar Logsetty Ellie Lombardo Karen Lonski Dr. Carlos Lopez Tanya Lorenc Irene Lorette Dorinda Luke Sandra Luscher Julia MacDonald Emilia Magpantay Zenaida Malillin Eric Mallari Perla Mancao Jevon Manchester Nick Mandic Ken Manget Dr. Alfonso Marcuzzi Hazel Markwell Maria Martins Susan Masterman Dr. Donald McDonald Elizabeth McLaney Dr. Anthony McLean Estela Medalla Dr. Dilip Mehta Florencia Milan Dr. Peter Mitoff Anisha Mohammed-Sookhai Melanie Moore Sandy Moreira Sharon Mulsant Dr. Ali Murji Velizar Najdenov Vera Neto Dr. Dana Newman Sabrina Ng Mong Linh Nguyen Susan Nicholson Julie Ninnis Irene Njoroge Dania Notta

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Liz Goff

Elyse Goldberg

Roxane Gopie

"THANKS ST. JOE'S FOR GIVING US GREAT CARE CLOSE TO HOME."

Two years ago, doctors told Susan and Gary that he had cancer and only six weeks to live.

"Today he is doing great and we're planning a trip to Florida," says Susan. "Janet Galbraith, Dr. Rania Lingas and the team of angels in the Oncology Clinic are so caring and supportive. It's because of them that he is doing so well today."

Susan and Gary made a gift to name them to the My St. Joe's Circle. "It's our way of saying thank you for the last two years and counting."

Who at St. Joe's has made a difference in your life? Give today and show your thanks by naming them to the My St. Joe's Circle. Visit foundation.stjoe.on.ca, call 416-530-6704 or come by the Foundation office on the 5th floor of the Sunnyside Building.

Pictured: Oncologist Dr. Rania Lingas, Gary and Susan Hinchcliffe and Team Leader of the Oncology Clinic Janet Galbraith

OUR COMMUNITY OF ANGELS

Supporters who give monthly help St. Joe's fund priority needs. The following people are called our Community of Angels because they gave monthly between January 1, 2013 and December 31, 2013.

Lourdes Afan Mary Alkemade Romeo Allado Vincenzo Alonzi George E. Andrews Donna C. Angus Gilbert Araujo Alexandra Ataide Jackie Aube Indira Baichoo John Baird Homai Balsara Michael Baranyai Margaret Barber Christina Barnes Joseph Barrese John M. Benedet Jack H. Berryman Kathy Bertrand G. R. Berzins Madeline C. Beverly Martha Bilawski Ruth Bingham Angela Blazek Dr. Aldo and Peggy Boccia Jane Bonnici Halina Boroniec Susan Brennan Irene Brooks John Brown Brendan Browne Catherine Bruce Felix R. Burgos Loretta Burren M Caetano Jennifer Callaghan Charles D. Cameron Michael B. Campbell Kathy J. Campea David Campina Rhoda Carpio Jane E. Carter Bilai Chapman Mahendie Chappelle Jasminder Cheema Gveona Cheol Min Mary Chepesuik Arnold Chiong Barbara Chrysdale Ljuba Cisic Herminia Coelho Riccardo Coletta Josephine Colter Joyce Colwill Domenica Congiusti Robert Conway Julie Cookson Raquel Cordon Anna Craddock Elinor Crighton Corine A. Cummings Wojciech Czarnecki Aulio Da Gama Bernardo Da Velha Dr. M. Dales M. Catherina Dalmasso Charlie D'Amato

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Margaret Williams Dr. Daphne Williams Nicholas A. Wyard Joan Wykes Bernice Yee Jai S. Yun Faridokht Zagh Irene Zahra Vitalii Y. Zhulai Angelos Zis

THANKS TO OUR **EVENT SPONSORS**

Many of our friends and neighbours supported St. Joe's in 2013 by coming to one of our signature events. And thanks to the following event sponsors, more than \$570,000 gross was raised in sponsorships alone from the Fall Classic, Cycle 4 St. Joe's, Toronto West Halloween Fest and our Share your Light campaign. Thank you also to the many sponsors who gave donations of product or service.

11TH ANNUAL FALL CLASSIC Lead:

Dinner: Ozz Electric Bank of America Merrill Lynch, Eagles:

Newport Private Wealth, Scotiabank Birdies: Barclays, Burgundy Asset Management,

CIBC, GMP Securities, Linton Family, Mercer, Miele, Northwest Healthcare Properties, Orlando Corporation, Plan B, Sim

CYCLE 4 ST. JOE'S Lead:

Monarch Route: CIBC

Community Media Partner: Metroland Media Toronto Supporting: Zimmer

TORONTO WEST HALLOWEEN FEST

Scotiabank Lead:

Appliance: Miele Community:

Level 5 Strategy Group Community Development: Empire Communities Community Media Partner: Metroland Media Toronto Dental: Children's Dental Centre

Event Management: Tigris

Fun Run: Think Fitness Studios Kids Activities: Green Apple Kids HJC

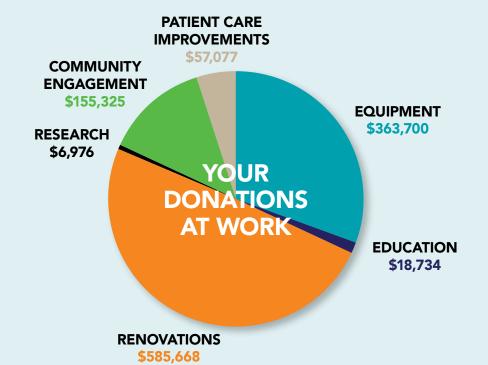
Online: Photography: Modern Baby Pizza: Pizza Pizza Maverick The MPH Group Print: Realtor and Halloween House: Christine Simpson

Loyalty One Rewards:

City, OMNI Venue: earth bloor west

SHARE YOUR LIGHT

Cineplex Media Presenting: BMO Presenting: Holiday: Scotiabank Holiday: Bell



HERE IS A LIST OF THE IMPORTANT INITIATIVES AND **EQUIPMENT YOU HAVE SUPPORTED THIS PAST YEAR.**

- Just for Kids Clinic renovation
- · Endo-Bronchial Ultrasound • Fluoroscopy Table
- 5 SPOT monitors for Emergency to check
- patients' vital signs
- Chair and stretcher for the Surgery/Eye Clinic
- Sit to stand lifts and slings for our Medicine Program
- New dialvsis chairs
- 2 Biliblankets to treat jaundice for the Neonatal Intensive Care Unit
- · 2 Fetal monitors
- Instruments for Orthopaedic Surgery
- 5 Vital sign monitors

- Ultrasound for the Intensive Care Unit
- Coat hooks for the public washrooms • Sound proof barrier wall in the Mental
- Health Unit • Bilimeter to test jaundice for the Family
- Birthing Centre • Toys for the children's floor
- Food supplies for the Family Birthing Centre • Floor scale for the Islington Renal Centre
- Large TV screens for the Islington Renal Centre
- Physiotherapy mobility devices
- 3 Nursing Awards
- Workshops and training for staff
- ... AND MORE!

YOUR SUPPORT MEANS HAVING THE LATEST EQUIPMENT... CLOSE TO HOME



Your gifts mean training for our professionals

Thanks to you, the doctors, nurses and staff at St. Joe's are among the best. Your support enables our teams to attend innovation conferences and congresses, initiate new programs and even support awards to recognize our staff for nursing and family-centred care.



Your gifts help us watch over patients

When patients in critical condition are admitted to St. Joe's, they are often hooked up to a vital signs monitor to continually track their vital signs – heart rhythm, blood pressure and oxygen levels, for example. Your support made it possible to purchase five vital signs monitors for key areas across St. Joe's.



Lots of smiles for our St. Joe's kids

The Starlight Children's Foundation and Toys "R" Us partnered up to make the waiting areas on the children's floor a fun and welcoming experience for kids who come to St. Joe's. A generous donation of toys is proving to be a great time for children like Ava, who loves the new toy house.



Your gifts help patients stay independent

Zoila Martinez Delcid says thank you. A stroke back in the early 1990s left her with partial paralysis – then recently, she fell and broke her hand. She has been doing physiotherapy at St. Joe's, but to get around at home, she needs a \$400 walker – a cost that is difficult for some people like Zoila, who is on a fixed income. Thanks to your support through the Physiotherapy Mobility Fund, patients like Zoila have access to mobility devices like wheelchairs, crutches and canes to stay independent. Physiotherapist David Tebb says this fund is really helping. "It means our patients can go out in the community and do what they normally do."



Your gifts help us care for our sickest patients

Our Intensive Care Unit (ICU) is where up to 20 patients (about 350 annually) are closely monitored around-the-clock by a specialized team of careproviders. Your support has helped purchase an ultrasound for the ICU to give our teams quicker, more direct answers to critical questions that always arise.

LOOKING AHEAD...

There are three factors in having the best care – you need the best people, great space and the latest in technology and equipment. Here is a snapshot of just some of the priorities this year to help care for our friends and neighbours.

- Making our patient lounges and waiting areas feel like home
- Hydraulic chairs for dialysis patients
- Warming blanket cabinets for across the Health Centre
- Bladder scanner
- Vision tester
- Temporary pacemaker for the Coronary Care Unit

... AND MORE!

Visit foundation.stjoe.on.ca to see more examples of your dollars in action and to learn about our priorities this year. You can also call us at 416-530-6704 to make a gift today.

Support great care close to home. Make a gift today at foundation.stjoe.on.ca, call us at 416.530.6704 or fill out the form below and return it to:

ST. JOSEPH'S HEALTH CENTRE FOUNDATION 30 The Queensway, Toronto, ON M6R 1B5
Donor Name:
Address:
Email Address:
☐ YES! I WANT TO BE A COMMUNITY ANGEL BY MAKING A MONTHLY GIFT OF \$
☐ I have enclosed my blank cheque marked VOID.
☐ I prefer to use my Credit Card ☐ VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS
Credit Card No. Expiry Date Expiry Date
Signature:
\square I authorize St. Joseph's Health Centre Foundation to deduct the above specified amount from my bank account or credit card on the \square 1st or \square 15th of each month.
☐ YES! I WANT TO MAKE A ONE TIME GIFT OF \$
☐ I have enclosed my cheque made payable to St. Joseph's Health Centre Foundation.
☐ I prefer to use my Credit Card ☐ VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS
Credit Card No. Expiry Date Expiry Date
Signature:



You can also give online at donations.stjoe.on.ca, call us at 416.530.6704 or come and see us on the 5th floor of the Sunnyside Building

- ☐ YES, I want more information on my planned giving opportunities like leaving a bequest to St. Joe's.
- YES, I want to learn more about volunteering for My St. Joe's.

Email address:

- ☐ YES, please contact me so I can learn about other ways I can support My St. Joe's.
- ☐ YES, I'd like to share my email address with you so I can receive your e-newsletter.

saint will be issued for gifts of \$20 or more

A tax receipt will be issued for gifts of \$20 or more. Charitable Business No. 11918 3382 RR0001 MA415011 IR 4200